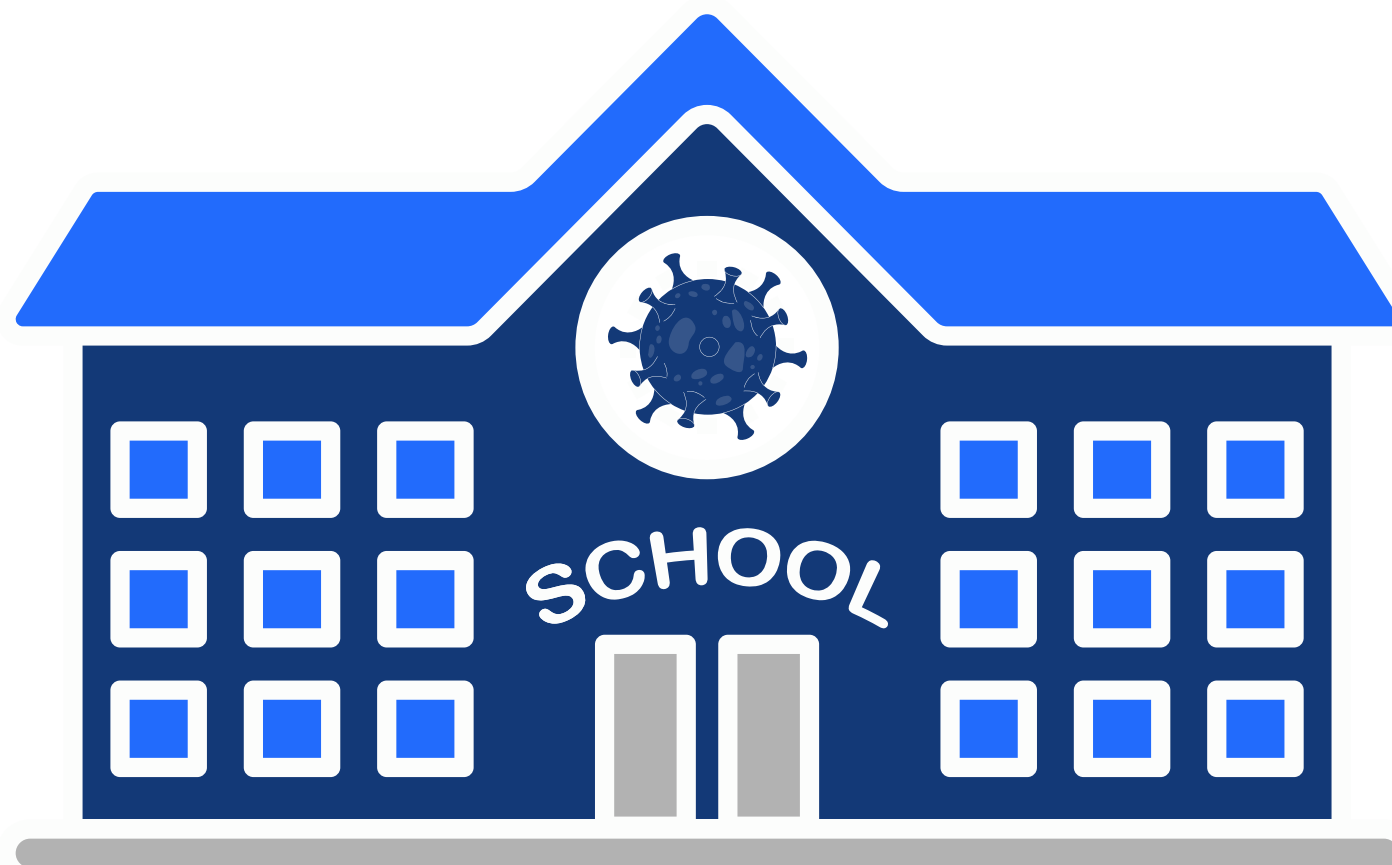


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Housatonic Valley Health District

COVID-19 RECOMMENDATIONS: SCHOOLS

August 1, 2022

Prepared by: Ruth Quattro, MPH

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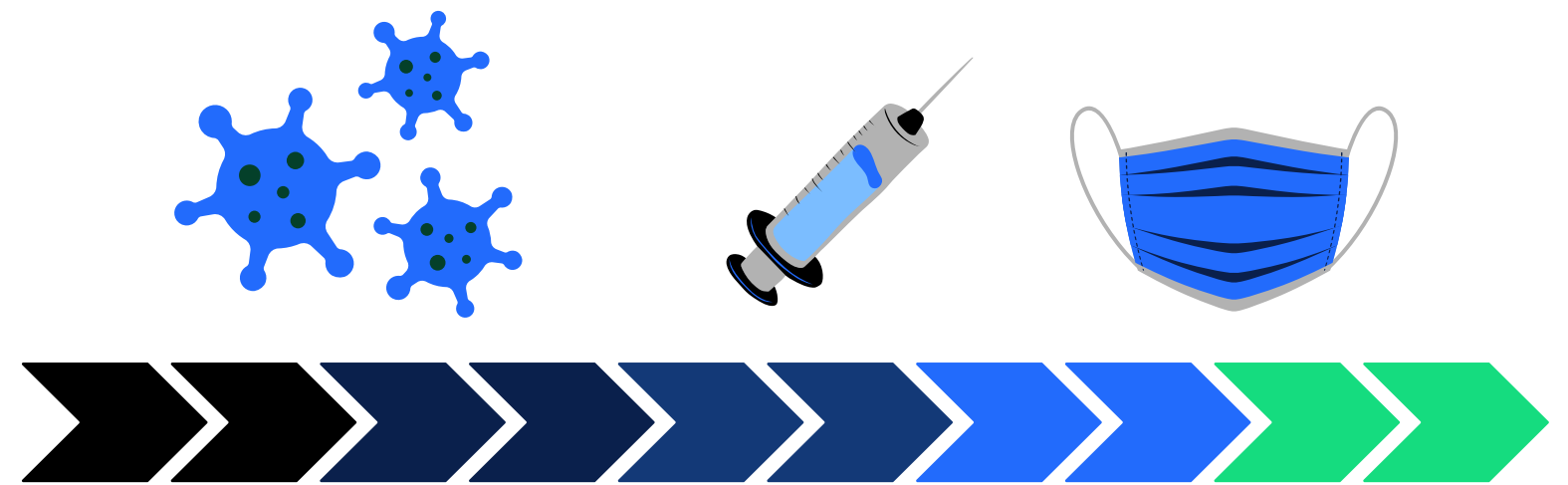
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Quarantine/Self-Isolation Recommendations- p. 10 - 11



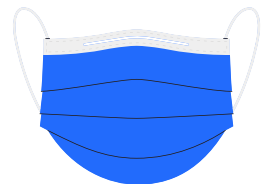
HOUSATONIC VALLEY HEALTH DISTRICT



COVID-19 Recommendations



Stay up to date with COVID-19 vaccinations (primary series & boosters).



Wear a well-fitted mask in crowded groups.



If you want to spend time with people who don't live with you, outdoors is the safer choice.
You are less likely to be exposed to COVID-19 during outdoor activities, even without the use of masks.



Good ventilation can reduce the spread of COVID-19 and lower the risk of exposure.

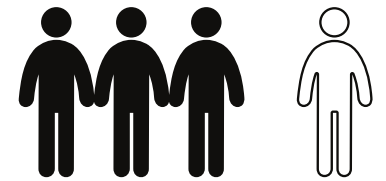
Check out the [CDC's Interactive School Ventilation Tool](#)



Practice proper hygiene (wash hands regularly, cover your mouth/nose when coughing and sneezing).



Stay home if you are not feeling well and get tested if you are experiencing COVID-19 symptoms.



Self-isolate for **5 days** if exposed (unvaccinated) or test positive & wear a mask around others for an additional 5 days.

HOUSATONIC VALLEY HEALTH DISTRICT



COVID-19 Recommendations

What Prevention Steps Should You Take Based on Your COVID-19 Community Level?



Stay informed.
Check the CDC's Community Level
and recommendations frequently.



Low	Medium	High
<ul style="list-style-type: none">Stay up to date with COVID-19 vaccinesGet tested if you have symptoms	<ul style="list-style-type: none">If you are at high risk for severe illness, talk to your healthcare provider about whether you need to wear a mask and take other precautionsStay up to date with COVID-19 vaccinesGet tested if you have symptoms	<ul style="list-style-type: none">Wear a mask indoors in publicStay up to date with COVID-19 vaccinesGet tested if you have symptomsAdditional precautions may be needed for people at high risk for severe illness
<p>People may choose to mask at any time. People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask. Masks are recommended in indoor public transportation settings and may be required in other places by local or state authorities.</p>		

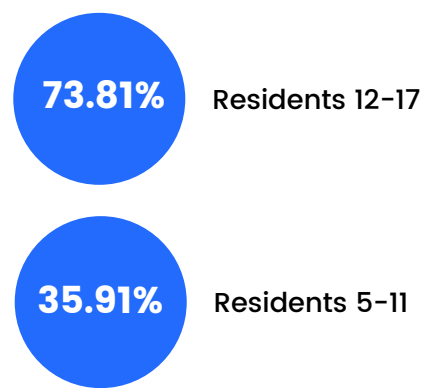
Source: [CDC COVID-19 by County](#), Retrieved July 18, 2022

COVID-19 METRICS: FULLY VACCINATED PERCENTAGES BY TOWN AND SCHOOL AGE CHILDREN

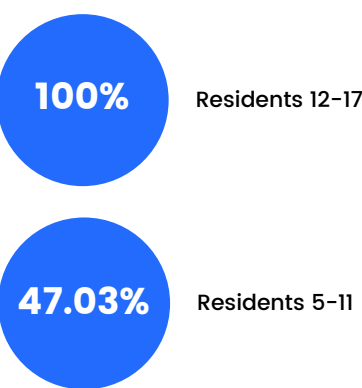
Source: [CT DATA: COVID-19 VACCINATIONS BY TOWN AND AGE GROUP](#)

Updated 2./17/2022

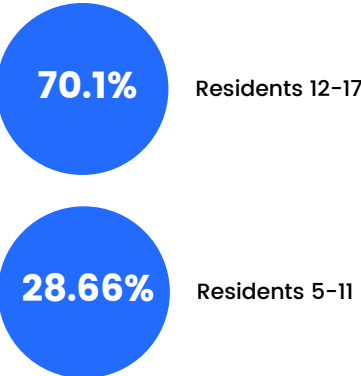
New Milford Data:



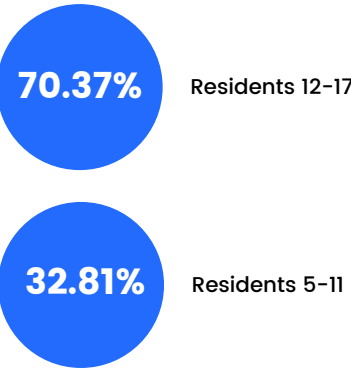
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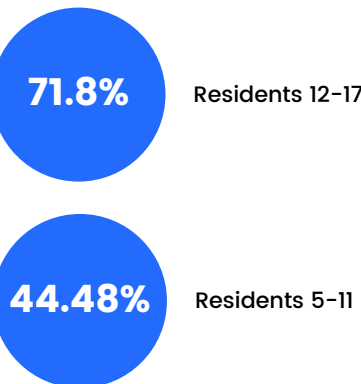
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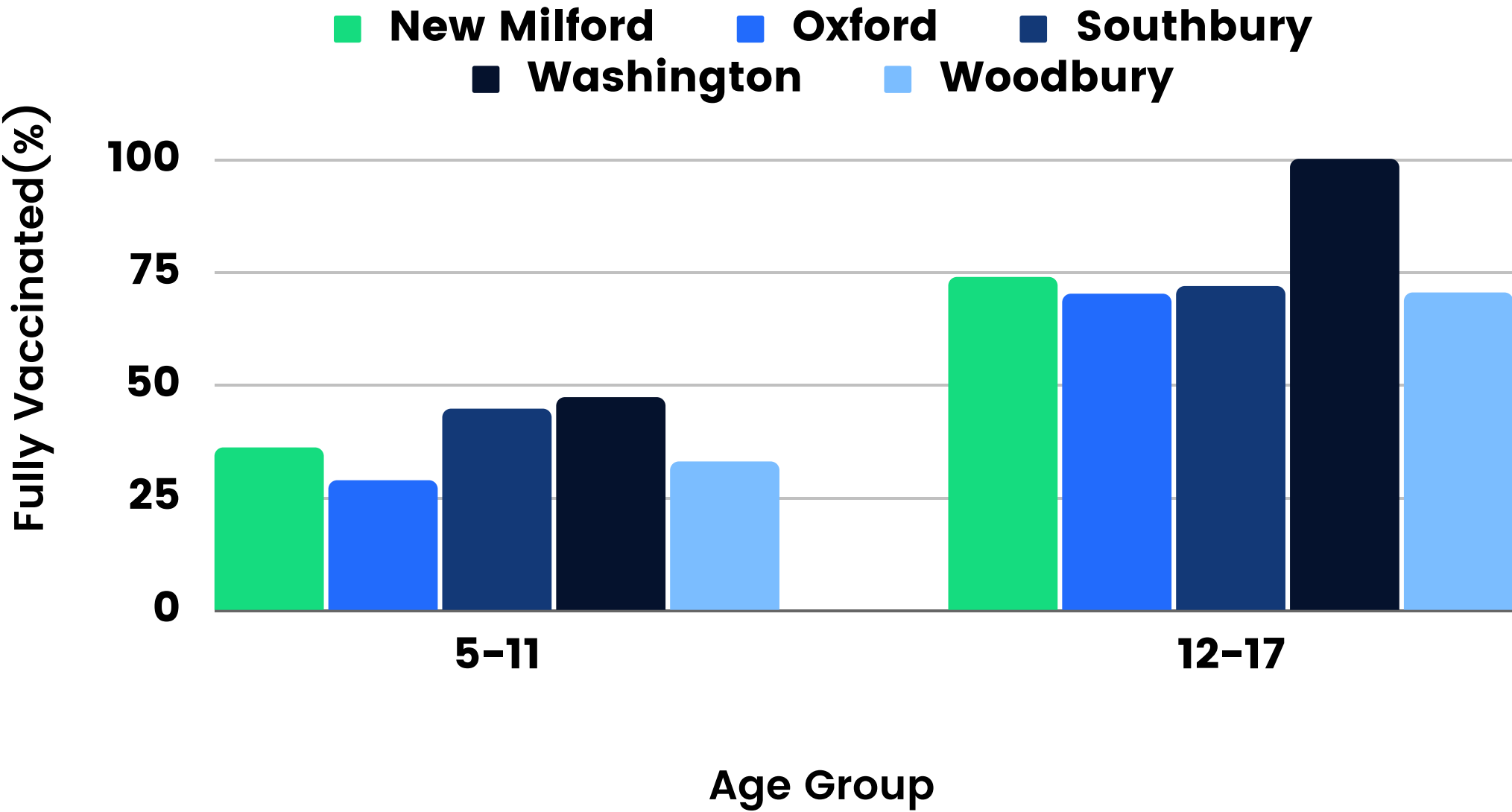
Woodbury Data:



Southbury Data:



Fully Vaccinated Percentages for 5-17 Age Groups Among HVHD Towns

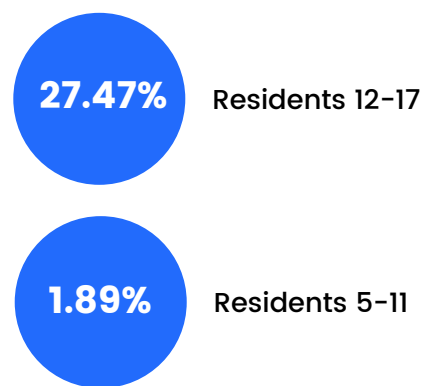


COVID-19 METRICS: ADDITIONAL DOSE 1 RECEIVED PERCENTAGES BY TOWN AND SCHOOL AGE CHILDREN

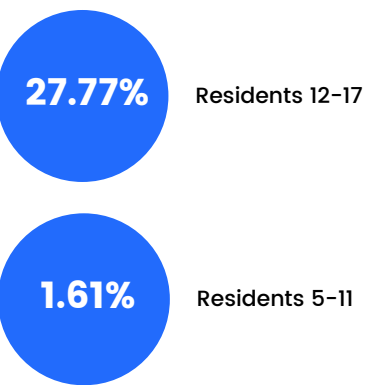
Source: [CT DATA: COVID-19 VACCINATIONS BY TOWN AND AGE GROUP](#)

Updated 2./17/2022

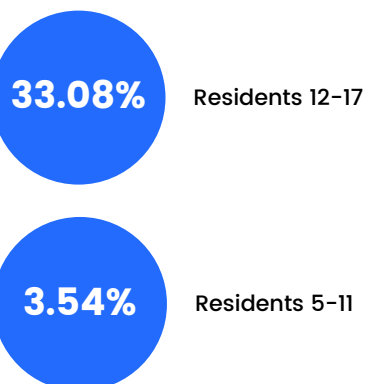
New Milford Data:



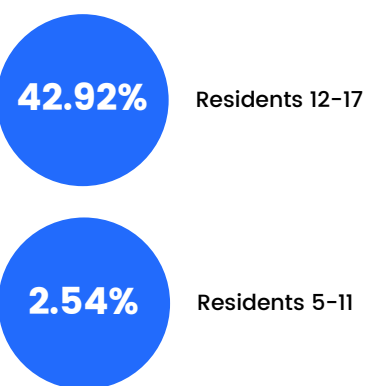
Oxford Data:



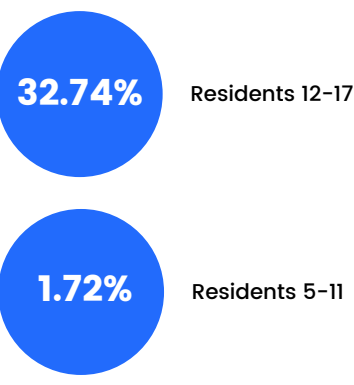
Southbury Data:



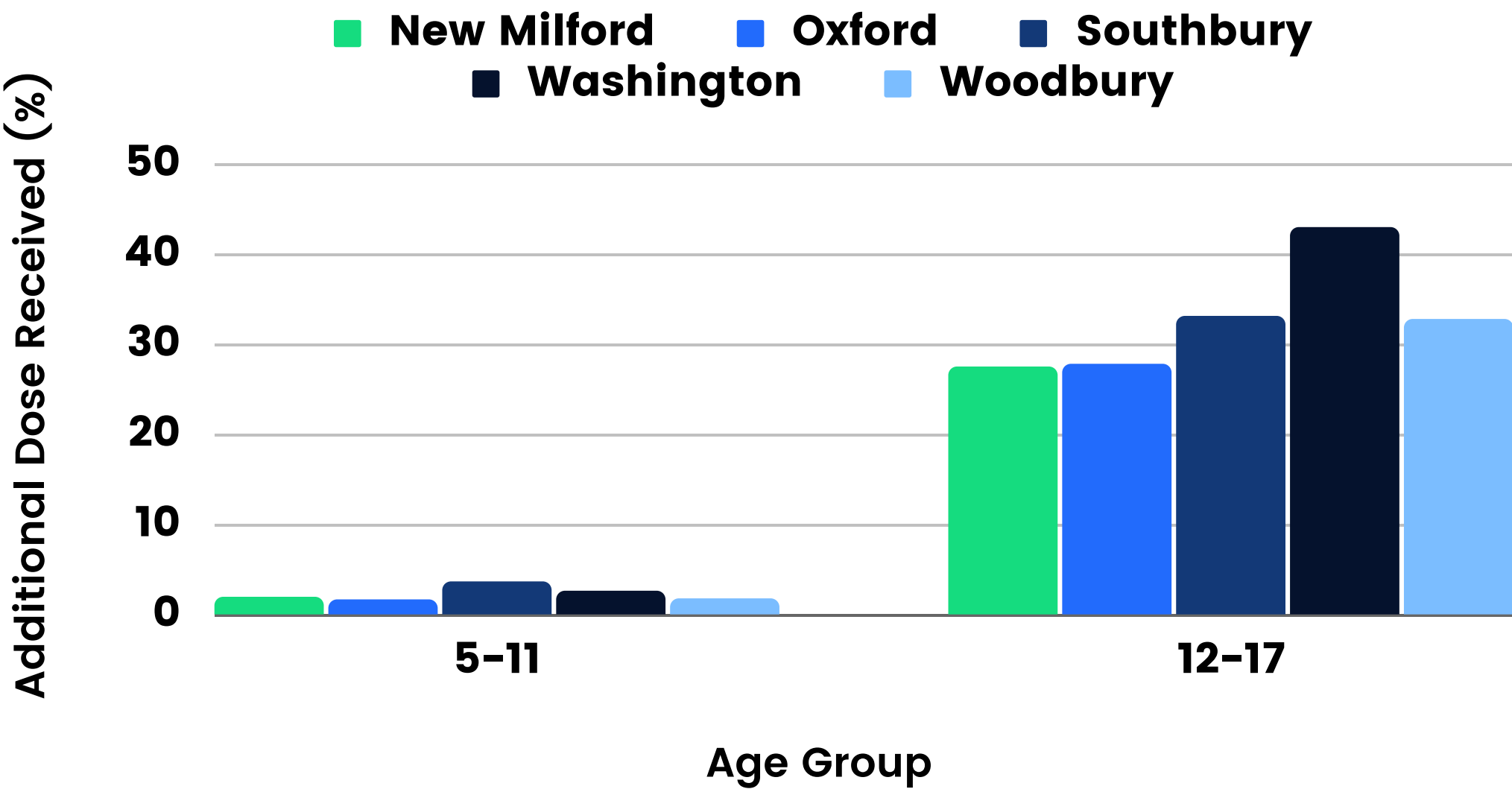
Washington Data:



Woodbury Data:



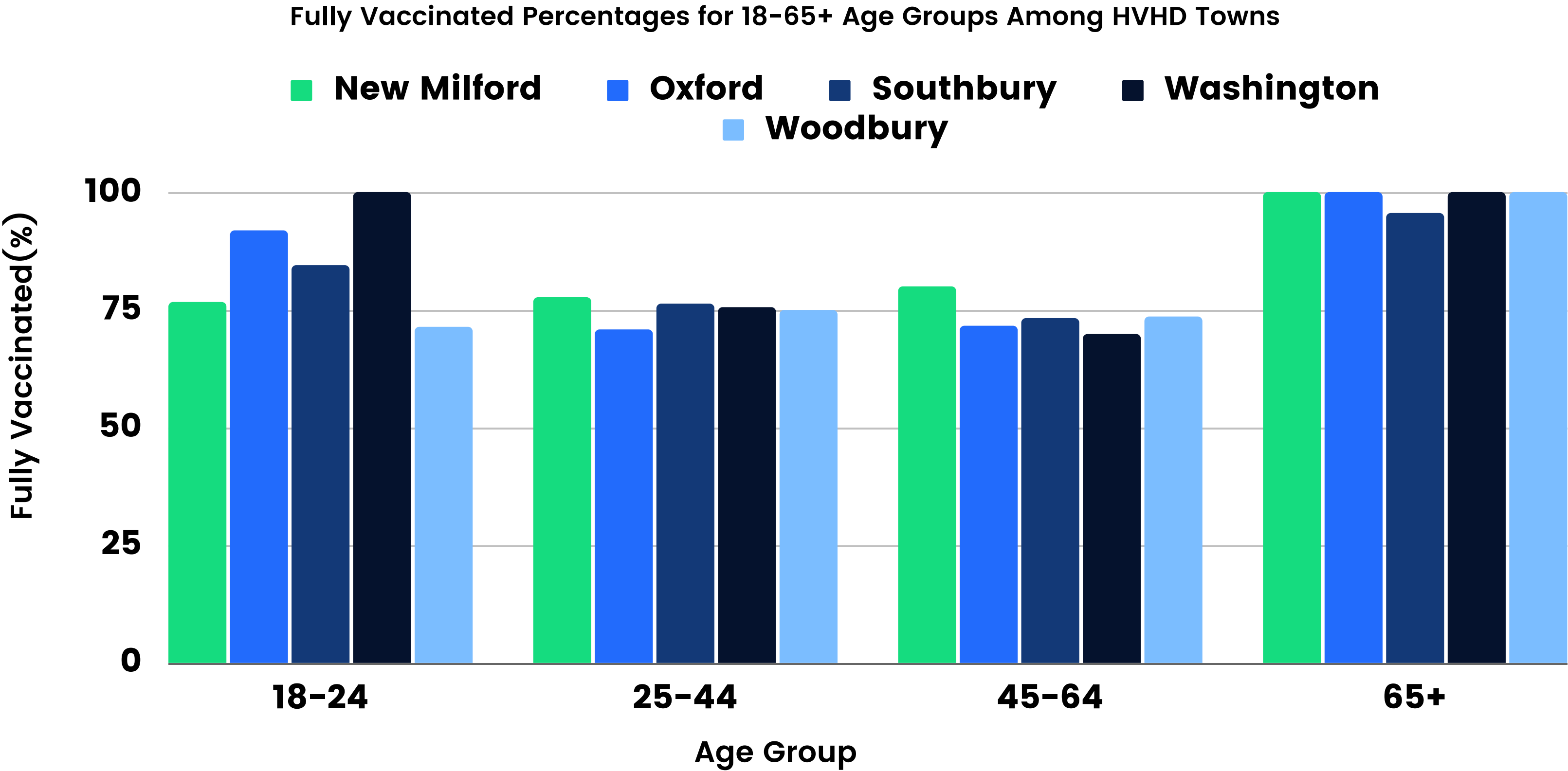
Additional Dose Received Percentages for 5-17 Age Groups Among HVHD Towns



COVID-19 METRICS: SCHOOLS (FULLY VACCINATED AMONG AGES 18-65+)

Source: [CT DATA: COVID-19 VACCINATIONS BY TOWN AND AGE GROUP](#)

Updated 2./17/2022

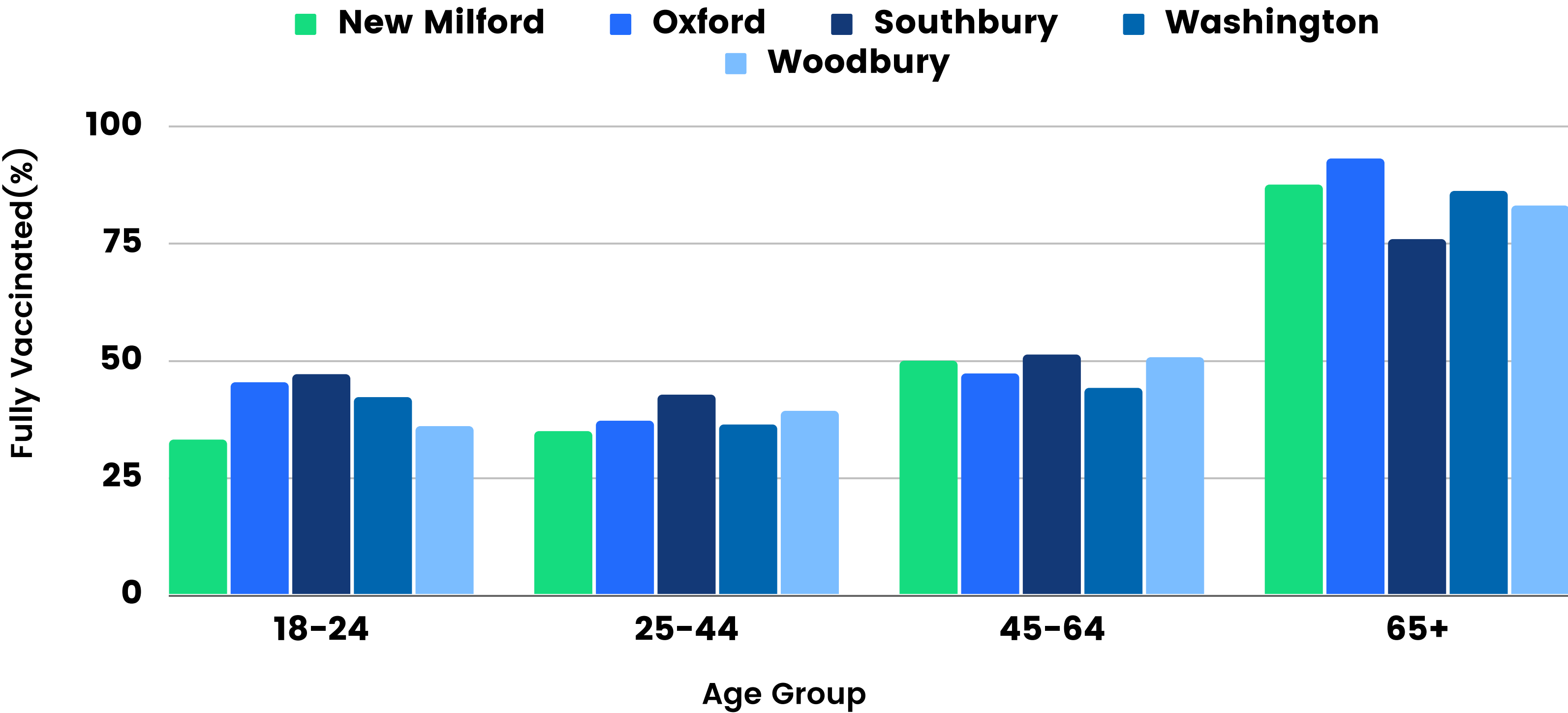


COVID-19 METRICS: SCHOOLS (ADDITIONAL DOSE RECEIVED AMONG AGES 18-65+)

Source: [CT DATA: COVID-19 VACCINATIONS BY TOWN AND AGE GROUP](#)

Updated 2./17/2022

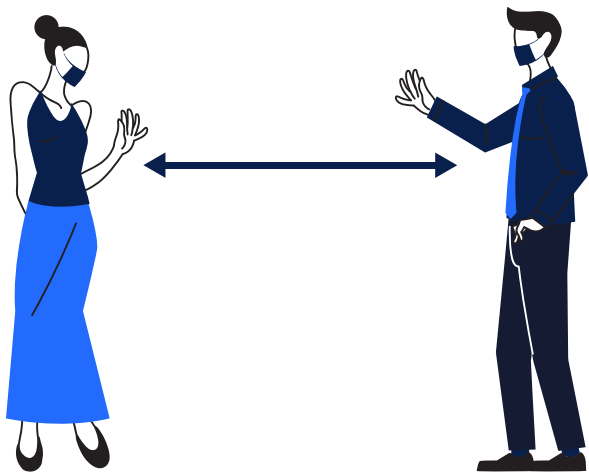
Additional Dose Received Percentages for 18-65+ Age Groups Among HVHD Towns



COVID-19 VACCINE ELIGIBILITY

	Pfizer	Moderna	Johnson & Johnson
Ages 18+	Primary Series: <ul style="list-style-type: none"> 2 doses; 3-8 weeks apart Booster: <ul style="list-style-type: none"> 1 booster; 5 months after the final dose in the primary series Ages 50+ can choose to receive a 2nd booster 	Primary Series: <ul style="list-style-type: none"> 2 doses; 4-8 weeks apart Booster: <ul style="list-style-type: none"> 1 booster; 5 months after the final dose in the primary series Ages 50+ can choose to receive a 2nd booster 	Primary Series: <ul style="list-style-type: none"> 1 dose Booster: <ul style="list-style-type: none"> 1 booster; 2 months after the final dose in the primary series Anyone who received J&J may receive a 2nd dose of Pfizer or Moderna at least 4 months after their 1st booster Ages 50+ can choose to receive a 2nd booster
Ages 12 – 17 years	Primary Series: <ul style="list-style-type: none"> 2 doses; 3-8 weeks apart Booster: <ul style="list-style-type: none"> 1 booster; 5 months after the final dose in the primary series 	Primary Series: <ul style="list-style-type: none"> 2 doses; 4-8 weeks apart Booster: <ul style="list-style-type: none"> Not yet authorized 	N/A
Ages 5 – 11 years	Primary Series: <ul style="list-style-type: none"> 2 doses; 3 weeks apart Booster: <ul style="list-style-type: none"> 1 booster; 5 months after the final dose in the primary series 	Primary Series: <ul style="list-style-type: none"> 2 doses; 4-8 weeks apart Booster: <ul style="list-style-type: none"> Not yet authorized 	N/A
Ages 6 months – 5 years	Primary Series: (ages 6 mo. – 4 yrs) <ul style="list-style-type: none"> 3 doses <ul style="list-style-type: none"> 3- 8 weeks apart between 1st & 2nd dose At least 8 weeks between 2nd & 3rd dose Booster: <ul style="list-style-type: none"> Not yet authorized 	Primary Series: (ages 6 mo. – 5 yrs) <ul style="list-style-type: none"> 2 doses; 4 – 8 weeks apart Booster: <ul style="list-style-type: none"> Not yet authorized 	N/A

DEFINITIONS:



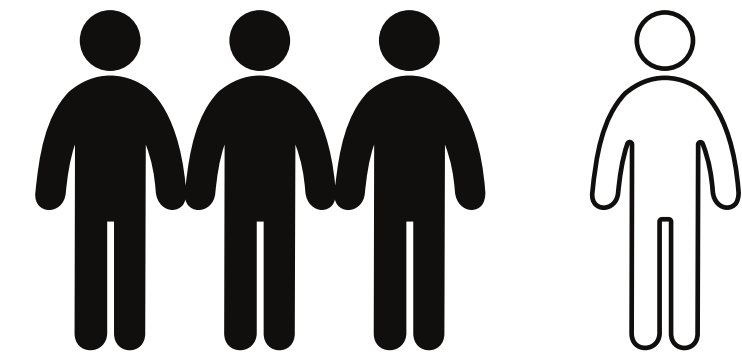
Close Contact

Someone who was less than 6 feet away from sick person for a cumulative total of 15 minutes or more over a 24-hour period.



Quarantine

Keeps someone who was in close contact with someone with COVID-19 away from others.



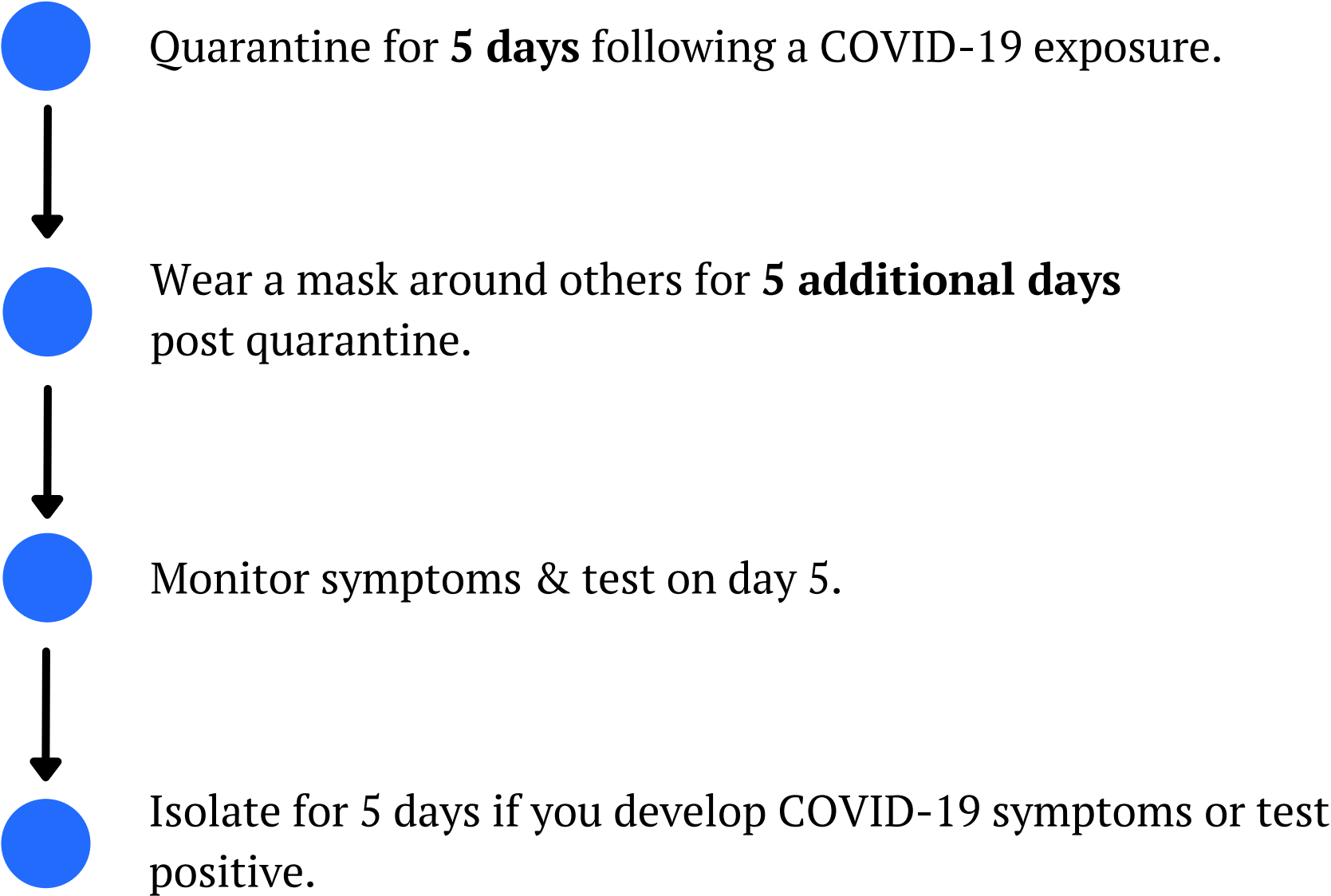
Isolation

Keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.

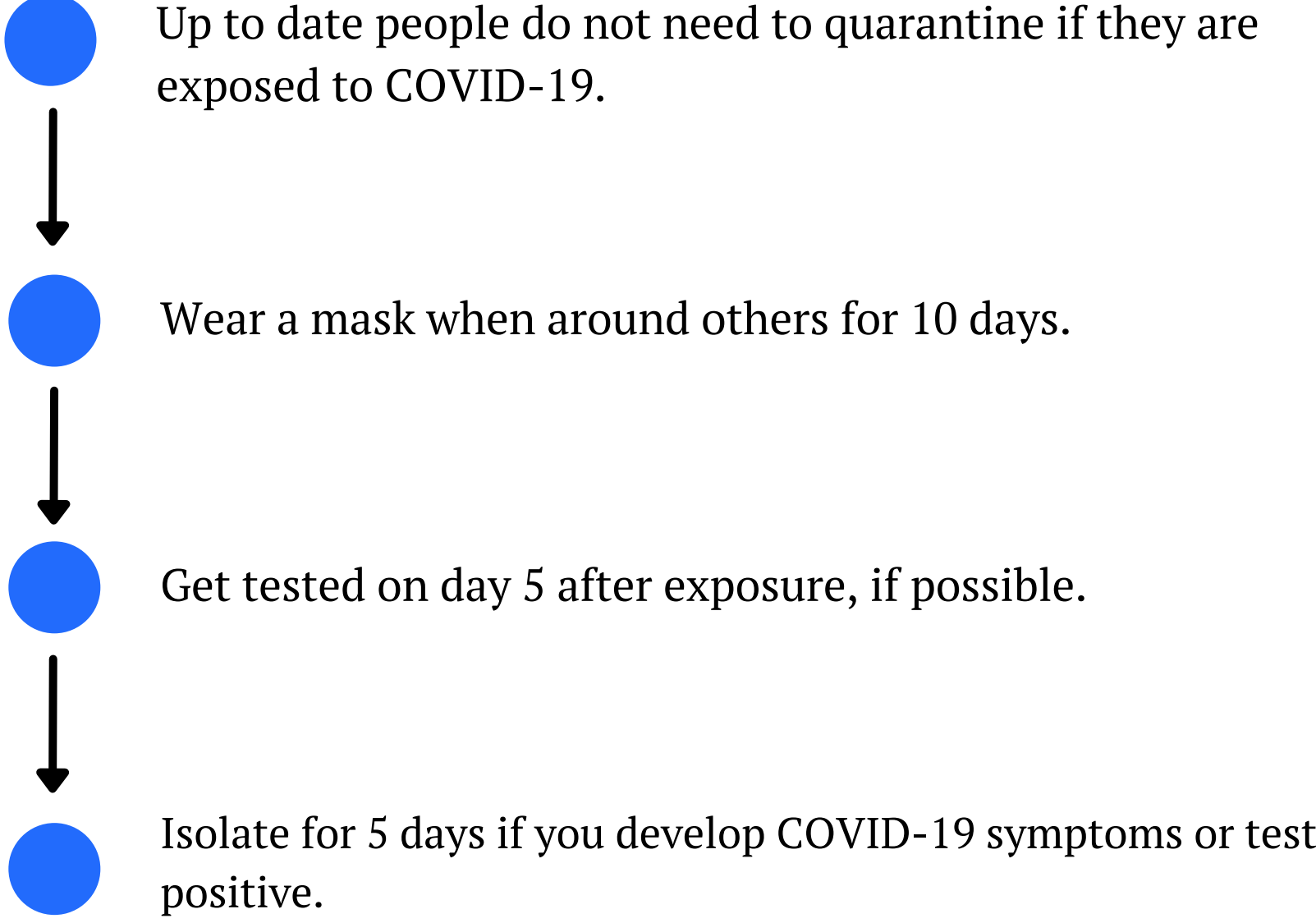
QUARANTINE GUIDELINES

Source: [CDC Quarantine and Isolation Guidelines](#) (updated March 30, 2022).

NOT UP TO DATE ON COVID-19 VACCINATIONS:



UP TO DATE ON COVID-19 VACCINATIONS:



SELF-ISOLATION GUIDELINES

Source: [CDC Quarantine and Isolation Guidelines](#) (updated March 30, 2022).

IF YOU TEST POSITIVE OR HAVE SYMPTOMS: REGARDLESS OF VACCINATION STATUS

- Self-isolate for **5 days** following a positive test or onset of symptoms. Wear a well fitting mask when around others in your home.
- ↓
- Wear a mask around others for **5 additional days** post self-isolation.

OTHER CONSIDERATIONS

- Wear a mask for the full 10 days when around others.
- Do not travel until a full 10 days after your symptoms started or the date of your positive test was taken.
- Avoid being around people who are more likely to get very sick from COVID-19.



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